

SLAYER NEWS

FROM THE NORTHWEST SARCOMA FOUNDATION

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FOUNDATION

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JANUARY 2025



As we bid farewell to 2024 and welcome in 2025 the dawn of a new year. I want to take a moment to reflect on the past and embrace the possibilities that lie ahead. This newsletter is a celebration for our shared experiences, achievements, and the exciting opportunities that awaits us in 2025!

I'm excited what our newest board members will bring to the table this year, we have a few changes that I think will help include more people. Welcome Bella, Greta, Jeremy, and Roxanne to the NWSF board.

I want to give a shout out to the people that make it possible for us to run day to day. So, I raise a glass to our executive director Jo McNeal, and staff Allison, Chelsea, and Julie for all that you do for NWSF and the patients we support. Thank you!

I also want to thank John Anderson who has been with us since 2007 and has helped keep us on point, thank you John. And to Ian Walsh who just retired from our board of directors but remains on a committee still helping us out. Thank you, Ian, we look forward to keeping you connected.

Many of you know the statistics for Sarcoma and the complications with treatment and survivorship. The NWSF would not be able to provide support for patients, survivors, and their support system, without our founder so as we launch into our new year, we say thanks to our history.

I am excited for what we are bringing to the table this year. We are changing up some of our long-standing events, inviting you to join us as we make way into our new future. We will have some new volunteer opportunities and some not so new, please consider helping to make a positive impact on a patient's life. Learn more about our committees, and look for announcements for volunteers through our website, social media, and emails.

My new years resolution is to help take NWSF to the next level and expand our reach into the community and inform others of our "Dare to C.A.R.E. about the Rare" campaign. I ask you to also Dare to C.A.R.E. about the Rare!

~ Michael
Board President

Volunteer with us!

Upcoming Committee meetings

[Development Committee](#) 2.11.2025, 6 p.m. PT

[Programs Committee](#) 1.2.2025, 10 a.m. PT

[Events Committee](#) 2.13.2025, 6:30 p.m. PT

[Marketing-Communications Committee](#) 1.9.2025, 9 a.m. PT



[VOLUNTEER](#)

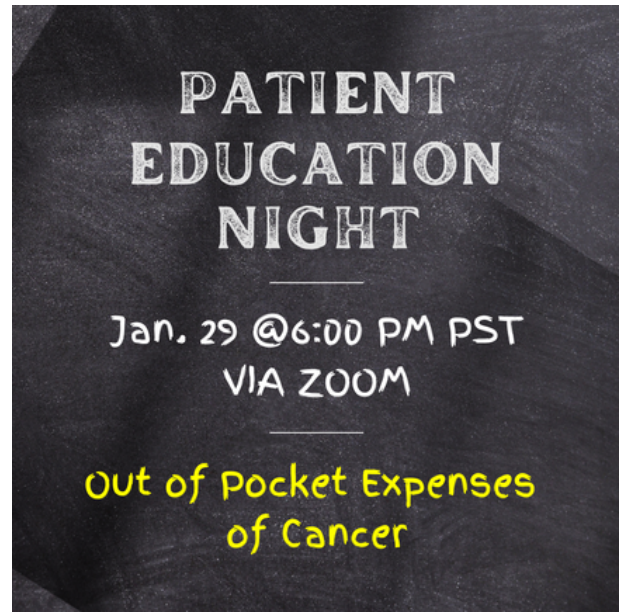


UPCOMING PROGRAMS & EVENTS



Learn more

<p>JANUARY</p> <p>29 Patient Education Night <i>Out of Pocket Expenses of Cancer</i></p>	<p>FEBRUARY</p>	<p>MARCH</p> <p>19 Researcher Update Night <i>TCR Discovery for Synovial Sarcoma</i></p>
<p>APRIL</p> <p>22 Patient Education Night <i>Clinical Trials 101</i></p>	<p>MAY</p> <p>15 Hope Grows Here <i>Portland, OR</i></p>	<p>JUNE</p> <p>TBA Hope Grows Here <i>Spokane, WA</i></p> <p>TBA F•R•I•E•N•D•S C•O•R•A•W•O•L <i>Woodinville, WA</i></p>
<p>JULY</p>	<p>AUGUST</p> <p>26 Patient Education Night <i>Grief & End of Life Care</i></p>	<p>SEPTEMBER</p> <p>6 Dragonslayer Fantasy Dash/Strut <i>Portland, OR</i></p> <p>20 Dragonslayer Fantasy Dash/Strut <i>Seattle, WA</i></p>
<p>OCTOBER</p>	<p>NOVEMBER</p> <p>4 Researcher Update Night <i>Biomarkers: G1T</i></p>	<p>DECEMBER</p>



Patient Education Night

Out of Pocket Expenses for Cancer presented by Erin Miller from Lazarex Cancer Foundation. What may be the expense for treatment to clinical trials, and how to find resources.



Casual Chat



2nd Wednesday @ 6p.m. PT



CASUAL CHAT: SARCOMA CAREGIVERS
Casual chat for anyone who cares for someone with Sarcoma

Third Tuesday of every ODD month

6:00 p.m. (Pacific Time)

REGISTER TODAY TO RECEIVE ZOOM LINK!



3rd Tuesday of ODD months @ 6p.m. PT

Casual Chats are free events, register once, the same Zoom link each time.

Adult patients & survivors: Second Wednesday of every month.

Next meeting, 1/8/2025 6 - 7 p.m.

Led by either Jo McNeal, Chelsea Winn, or volunteer peer-led by Aaron Couch.

Caregivers: Third Tuesday of every ODD month.

Next meeting, 1/21/2025 6 - 7 p.m.

Volunteer peer-led by Anita Nelson

RESEARCH

2024 Research Grant Recipient



Dr. Eleanor Chen - Pathologist
University of Washington/FHCC
Rhabdomyosarcoma research

\$10,000



CONNECT WITH OTHER SARCOMA PATIENTS



Smart Patients

[Join the community.](#)

Patients and caregivers are invited to join the Sarcoma community with Smart Patients.

Individuals (18 years and older) can join the community by securely sharing their email address and setting up a free personal account. Once the account is confirmed participants will have access to information, and resources, and be able to participate in community conversations on topics of interest.

About Smart Patients:

Smart Patients is an online community where patients and their families affected by a variety of illnesses learn from each other about treatments, challenges, and how it all fits into the context of their experience. While providing patients with safe and high-quality peer support, we help the healthcare system learn from patients to serve them better.

Follow
-US-

DECEMBER'S SOCIAL MEDIA BESTS

Follow
-US-

How to support us further and it's FREE



"I have survived this long thanks to a loving family, excellent community, and my overly positive personality."

Brett VanLeeuwen

I am a Dragonslayer



WE ARE CHECKING OFF ITEMS ON OUR BUCKET LIST



Family



You can learn more about Brett on our website's Personal Story Page. Donate today to support patients like Brett and others fighting the dragon.

NORTHWEST SARCOMA FOUNDATION
HOPE • EDUCATION • SUPPORT

POST: 12/10/2024

Today we celebrate Dragonslayer Brett!!
#nwsarcoma, #dragonslayersunite, #sarcoma

Post: 12/9/2024

NED: No Evidence of Disease! Let us know how long NED has been in your life.
#dragonslayersunite #sarcoma #cancer



Thank you **2025** Corporate Partners



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