

# SLAYER NEWS

FROM THE NORTHWEST SARCOMA FOUNDATION

NORTHWEST  
**SARCOMA**  
FOUNDATION

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NOVEMBER 2024

# Thank You

## DRAGONSLAYER WALKERS

**PORTLAND**  
SEPT. 7TH



**BOISE**  
SEPT. 14TH



**SPOKANE**  
SEPT. 15TH



**SEATTLE**  
SEPT. 21ST



Thank you to everyone who participated, donated, and volunteered at this year's Dragonslayer Walks! Photo albums from the walk are available for viewing.

[PDX '24](#)

[BOI '24](#)

[SPOK '24](#)

[SEA '24](#)

## Volunteer with us!

### Upcoming Committee meetings

[Development Committee](#) 11.11. 2024, 6 p.m. PT

[Programs Committee](#) 11.7 2024, 10 a.m. PT

[Events Committee](#) 11.21.2024, 6:30 p.m. PT

[Marketing-Communications Committee](#) 11.6.2024, 3:00 p.m. PT



**VOLUNTEERS  
NEEDED**

# UPCOMING PROGRAMS & EVENTS

## 2024 NWSF EVENTS

### NOVEMBER

**06 Sarcoma Journal Club**  
Dr. Jeremy Sharib

**09 Community Fun Event PDX**  
Birdie Time Pub &  
Mini-Golf

**09 Community Fun Event SEA**  
Pratt Fine Arts Center



Register!

### DECEMBER

**Patient Education Night**  
**03 Topic: Pathology - The hidden heroes**  
Dr. Chen & Dr. Kao

## Casual Chat



### Casual Chat

FOR ADULTS BATTLING THE SARCOMA DRAGON



2nd Wednesday @ 6p.m. PT



3rd Tuesday of ODD months @ 6p.m. PT

Casual Chats are free events, register once, the same Zoom link each time.

Adult patients & survivors: Second Wednesday of every month.

Next meeting, 11/13/2024 6 - 7 p.m.

Led by either Aaron, Couch, Jo McNeal, or Chelsea Winn

Caregivers: Third Tuesday of every ODD month.

Next meeting, 11/19/2024 6 - 7 p.m.

Volunteer peer-led by Anita Nelson

## Gladiator George as shared by his mom, Karen



## PEOPLE WE SERVE

July 27th, 2023...Weary, so very tired, and to be honest... holding on to Hope, by the very tips of my fingers. I asked my now 30-year-old son, "George, Are you angry at God?" As he struggled to step closer to me, each step full of so much pain, George placed his large hands on my shoulders, looked down at me, with such conviction, and said, "no way! Mom, God didn't do this; God is getting me through this. If it wasn't for God, Mom we wouldn't be back together. God used my cancer to bring us back together."

Later that night was the last time George was able to walk and leave his bed. He was still smiling and had Hope.

George was very excited to meet you all last year and share his story. A story of Hope, Redemption & Restoration.

August 8th, 2023, just about 6 weeks prior to the walk, George went home to Jesus.

Hope is what George had, and it's what we all need when facing our own battles.

Restoration has different looks: physically, mentally, relationally, emotionally.



Facing a diagnosis that was given a 3-month mortality rate in November 2018, George chose right then and there, as the great Han Solo said, "Do not tell me the odds, I will show you the odds!"

Resilient, tenacious, battle warrior, are words that describe George through this journey.

But his battle wasn't only with cancer, it was within his own thoughts, beliefs, relationships. As it happens, cancer doesn't wait to hit a person when they have "the best medical coverage in place " or "have the "unlimited sick pay stockpiled at work " or "the most loving active support system surrounding them."

George, at 25 years old, was diagnosed with Sarcoma in November 2018. It had already metastasized. Residing in Southern Oregon at the time, George was quickly connected with Dr. Lara Davis and her amazing team at OHSU in Portland.

It took some time to determine what type of Sarcoma George had, and they landed on a rare form of Retroperitoneum Sarcoma, RPS. It didn't make sense, does cancer ever? Less than 49 cases that have the most matching factors as his, all in older men in their 50's plus. Not 25, not just getting their life started.

Read the rest of Karen & George's story [HERE](#).

Imerman Angels is searching for patients and caregivers to be mentors for someone who has cared for a Sarcoma patient and Sarcoma patients. Can you help? You can register directly with Imerman Angels to be a Caregiver Mentor or Survivor Mentor.

If you are interested in being a mentor or in need of one, Imerman Angels has a great 1:1 mentor program for patients and caregivers.



# IMERMAN



# ANGELS

Your One-on-One

Cancer Support Community

# SEASONAL SWAG

**Suncatcher: \$20**

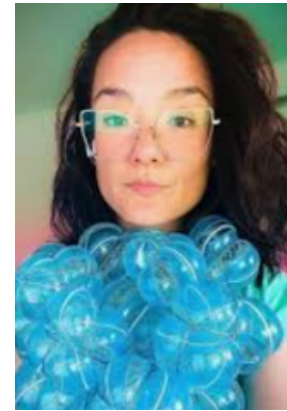


[Order Today](#)



**Dragon Tail: \$30**

Glass Artist, Minhi, has created Suncatcher Sarcoma yellow handblown glass globe ornament, \$20 and a NWSF signature yellow Sarcoma ribbon dragon tail ornament, \$30. \*Each ornament is made individually and may not look EXACTLY like the photo. Order yours now for direct mail, or pick up. Shipping charges. \$8 ea ornament, mail date 12/15. Pick up date 12/20 - Columbia City Library - times TBA.



Minhi England is a survivor of a Sarcoma angel, Jesse. She was the 2nd runner up on the reality TV show, Blown Away, Season 3. Minhi has her BFA from Alfred University in 3D studies, focusing on glass blowing and metal casting.

## CONNECT WITH OTHER SARCOMA PATIENTS



# Smart Patients

[Join the community](#)

Patients and caregivers are invited to join the Sarcoma community with Smart Patients.

Individuals (18 years and older) can join the community by securely sharing their email address and setting up a free personal account. Once the account is confirmed participants will have access to information, and resources, and be able to participate in community conversations on topics of interest.

About Smart Patients:

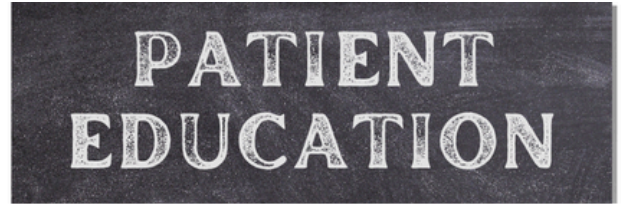
Smart Patients is an online community where patients and their families affected by a variety of illnesses learn from each other about treatments, challenges, and how it all fits into the context of their experience. While providing patients with safe and high-quality peer support, we help the healthcare system learn from patients to serve them better.

Follow  
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# OCTOBER'S SOCIAL MEDIA BESTS

Follow  
-US-

## How to support us further and it's FREE



**Host:** Dr. Elizabeth Loggers  
**Date:** Oct. 30, 6PM  
**Topic:** Palliative Care

Join us for one of our Patient Education Nights. Palliative Care and how it may be beneficial for anyone going through the Sarcoma journey. This event will be hosted by Dr. Elizabeth Loggers. Come learn and join the conversation. This is a free event.



Thank You  
2024 Corporate Partners



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